



ROYAL CHANNEL ISLANDS YACHT CLUB



Organising Authority (OA): Royal Channel Islands Yacht Club (RCIYC)

Commodore's Cup & Cook Salver

Jersey to St Malo

Friday 29th March 2024

Sailing Instructions (SIs)

1. **RULES** - The event is governed by:
 - 1.1. The Rules as defined in *The Racing Rules of Sailing* (RRS);
 - 1.2. The Notice of Race.
2. **CHANGES TO SAILING INSTRUCTIONS** - Any change to the sailing instructions will be posted before 0800 hours on the day it will take effect except that any change to the schedule of races will be posted by 2000 hours on the day before it will take effect.
3. **COMMUNICATIONS WITH COMPETITORS**
 - 3.1. Notices to competitors will be posted on the Official Notice Board (ONB) on www.rciyc.je/racing and sent to the e-mail address shown on each competitor's entry form;
 - 3.2. The race office is located at the Royal Channel Islands YC;
 - 3.3. Prior to the start, the race committee intends to monitor and communicate with competitors on VHF channel 8. Such communication may include information concerning the starting marks and a countdown to and from the warning signal. Non-reception of any such broadcast for whatever reason shall not provide grounds for redress. This changes RRS 62.1;
 - 3.4. From the warning signal until the end of the race, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
4. **SIGNALS MADE ASHORE** - Signals made ashore will be displayed at the RCIYC and may be repeated at St Helier YC.
5. **SCHEDULE** – The first Warning Signal is scheduled for 0955 hours UTC.
6. **CLASS FLAG** - The class flag for all classes will be International Code flag 'C'.
7. **THE COURSE** will be Jersey to St Malo, as follows:
 - Start (See SI 8.1)
 - Windward mark (if laid) (see SI 8.2)
 - Pignonet beacon to starboard
 - Les Fours buoy to port
 - Passage Rock buoy to port
 - Northwest Minquiers buoy to port

Southwest Minquiers buoy to port
Finish - Le Grand Jardin Lighthouse to port - (see SI 10.1)

8. MARKS

- 8.1. The starting marks will be the race committee boat displaying an orange flag when in position for the start and an Outer Distance Mark (ODM). The ODM may be a laid inflatable yellow pyramid buoy or a fixed navigational mark;
- 8.2. Windward mark – when **a yellow inflatable pyramid buoy is laid to windward of the start line** the race committee boat will fly a green flag if the mark is to be rounded or passed to starboard or a red flag if the mark is to be rounded or passed to port. When used, the flag will be displayed no later than the warning signal.

9. THE START

- 9.1. The race will be started using RRS 26 with the warning signal made 5 minutes before the starting signal;
- 9.2. Once anchored, the race committee will advise boats of the mark to be used as the ODM by a broadcast on **VHF Channel 8**, prior to the warning signal;
- 9.3. A boat that does not start within the ten minute period following the starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

10. THE FINISH

- 10.1. The finish line will be an imaginary line drawn from the eastern extremity of the Grand Jardin lighthouse passing through the unlit red beacon (pole) lying just to the south of the lighthouse. The finish line will extend for a distance of approximately 100 metres southwards from the beacon. The beacon shall be left to port. (See Appendix A);
- 10.2. Declarations – a boat's finishing details shall be communicated in person, by phone or e-mail to the Club or a representative in St Malo on completion of the race. Skippers shall, additionally, record their boat's finishing time on the attached declaration and provide it to the RCIYC if so requested.

11. HEARING REQUESTS

- 11.1. The protest time limit is 2000 hours UTC Friday 29th March. The same time limit applies to protests by the race committee about incidents they observe in the racing area and requests for redress;
- 11.2. Hearing request forms are available in the RCIYC and on the ONB at www.rciyc.je/racing;
- 11.3. Notices will be posted on the ONB and e-mailed to competitors informing them of hearings to which they are parties or named as witnesses. Hearings will be held in the RCIYC as soon as practicable.

12. SAFETY REGULATIONS

- 12.1. For identification purposes, boats should sail in the vicinity of the race committee boat before the warning signal;
- 12.2. Persons-in-Charge are requested to complete the attached crew muster list and send it to clubroom@rciyc.je prior to starting;
- 12.3. A boat that retires from the race shall endeavour to notify another competitor, Jersey Coastguard or the RCIYC (tel. 741023) at the first reasonable opportunity.

13. EQUIPMENT AND MEASUREMENT CHECKS - A boat or equipment may be inspected at any time for compliance with the notice of race and sailing instructions.

14. OFFICIAL VESSELS - The race committee boat will display an orange flag when it is on station for the start of the race. A Club RIB, displaying a green pennant, may be in attendance to assist with the start.

15. TRASH DISPOSAL - Competitors shall not intentionally put trash in the sea at any time. The penalty for a breach of this rule may be less than disqualification.

16. RISK STATEMENT - RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

By taking part in the event, each competitor agrees and acknowledges that:

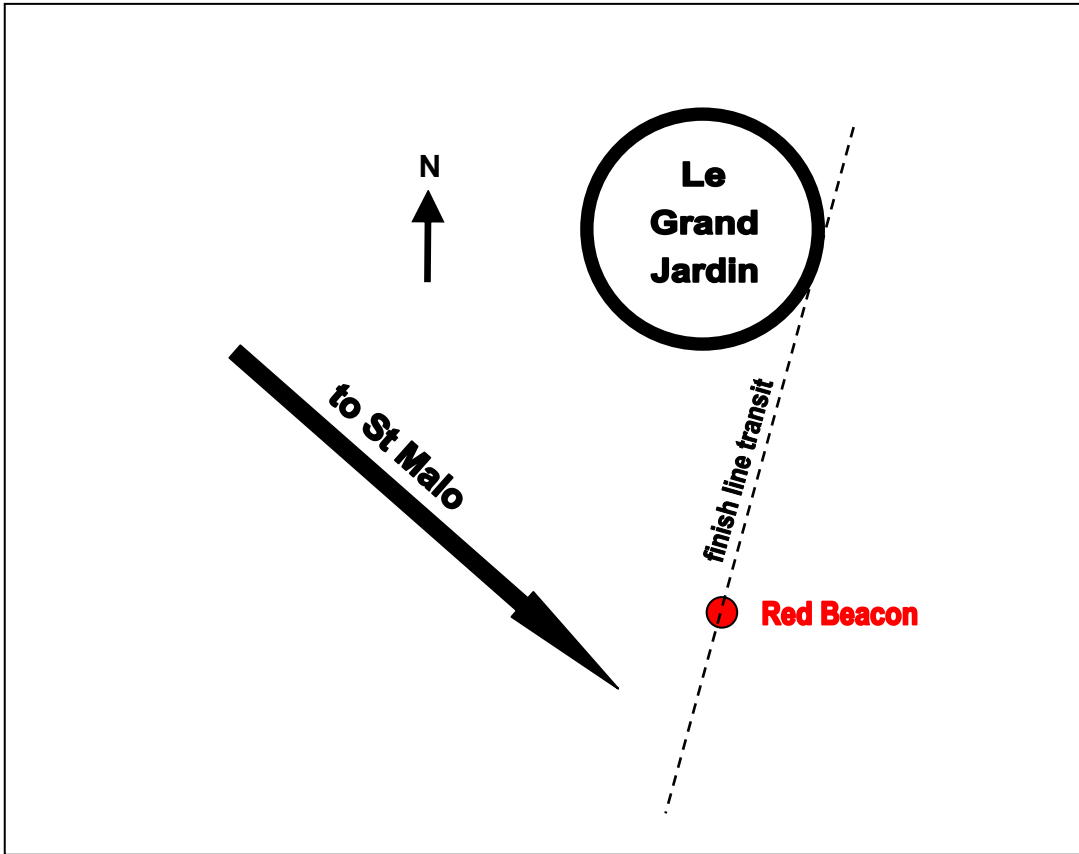
- 16.1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- 16.2. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- 16.3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- 16.4. Their boat is in good order, equipped to sail in the event and they are fit to participate;
- 16.5. It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event
- 16.6. The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.

17. PRIZE-GIVING AND PRIZES

- 17.1. The place prize-giving will be held in the RCIYC as soon as possible after 1830 hours Thursday 4th April;
- 17.2. Place prizes will be awarded in each class, as follows:
 - 17.2.1. Where 2 boats are entered – first prize only
 - 17.2.2. Where 3 boats are entered – first and second prizes only
 - 17.2.3. Where 4 boats are entered – first, second and third prizes only
- 17.3. The Commodore's Cup and Cook Salver will be presented at the next Annual Dinner & Prize-giving (date and venue to be advised).

18. INSURANCE - Each participating boat shall be insured with current third party liability insurance with a minimum cover of £3,000,000 (three million pounds sterling or the equivalent in Euros) per incident; this insurance shall include racing cover.

Appendix A





ROYAL CHANNEL ISLANDS YACHT CLUB



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Declaration

I declare that the Race was sailed in accordance with the Sailing Instructions and all other rules that govern the event.

Person in Charge: Name and signature:			
Boat:			Sail No:
Finishing time: (UTC+1)	hours	minutes	seconds
Boat ahead:		Boat astern:	
Date:			



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CREW MUSTER LIST

Persons-in-Charge are requested to complete this crew muster list and send it to clubroom@rciyc.je prior to starting.

Boat:	
Emergency contact:	Phone number:
Person in Charge	
Crew 1	
Crew 2	
Crew 3	
Crew 4	
Crew 5	
Crew 6	
Crew 7	
Crew 8	